



## Tattenhall Online Calendar



### Drop-in Coffee Morning

Tuesday 9th April 2024 @ 10:00am  
Barbour Institute



### Tattenhall Tennis Club

Tuesday 9th April 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Meditation in the Church

Tuesday 9th April 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.

Feel free to bring along any downloaded meditations /aids on devices with headphones.

Warm clothing is advised as the nights draw in.

Donations for the upkeep of the church are always welcome.



### Tattenhall Singers

Tuesday 9th April 2024 @ 8:00pm  
Barbour Institute



### Wellbeing walk

Wednesday 10th April 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.

All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.

Contact Charlotte on 07706 322217 For more info



### Mah Jong at Gifford Lea

Wednesday 10th April 2024 @ 7:00pm  
Lounge, Gifford Lea

Mah Jong at Gifford Lea.

We have a Mah Jong group that plays on Wednesday evenings in the lounge at Gifford Lea. There are already two Tattenhall residents who come but we would like to welcome more. The session starts at 7 p.m. and finishes between 9 and 9.30.

It is not suitable for beginners but anyone who knows how to play and would like to

improve or play with like minded people would be very welcome.

If you would like to know more please contact David Ackroyd on 01829 773632. If you would like to play it is important that you let David know by 12 noon on the relevant Wednesday and that you arrive by 7 p.m. at the latest. We look forward to seeing more of you.

WeLoveTattenhall



### Quiz @ the Letters

Wednesday 10th April 2024 @ 7:30pm  
The Letters Inn

Starting time dependant on football being shown on tv



### Tattenhall Tennis Club

Thursday 11th April 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Diddi Dance and Sen Diddi Dance

Thursday 11th April 2024 @ 10:45am  
Barbour Institute

Diddi Dance 10:45 – 11:30

SEN Diddi Dance 11:45 – 12:30



### Tattenhall Writers

Thursday 11th April 2024 @ 2:00pm  
Community Room, St Alban's Church

Are you a writer or poet and enjoy sharing your work with like minded people or perhaps someone that would like to take it up, then come along to the community room at St Albans on the second Thursday of the month at 2pm .

Everyone welcome.



### Fresh Fish on Sale in the Village

Thursday 11th April 2024 @ 3:00pm  
Outside the SportsMans Arms

Each and every [THURSDAY], 3-3:45pm at the Sportsman Arms, your AMAZING village has an AMAZING selection of fresh fish and seafood brought directly from Fleetwood quayside.

All our fish is fresh, NEVER frozen. There's no minimum spend. We prepare all fish to your requirements.

All forms of payment accepted.

New customers ALWAYS welcome.

For orders or enquiries call Mat on 07788 767677



# Tattenhall Business Alliance



## Village Market

Friday 12th April 2024 @ 10:00am  
The Flacca



## Bridge Club

Friday 12th April 2024 @ 7:00pm  
Community Room, St Alban's Church

We meet on Fridays at 7 p.m. in the Community Room at St Albans Church, Tattenhall

We are a small friendly club playing duplicate bridge and new members are welcome. We have a host system so you do not need a partner to join us.

If you are interested please contact the Secretary:  
Email Val Meeks@Yahoo.co.uk Tel: 01829 770781



## Letters Inn – Meat Draw

Friday 12th April 2024 @ 8:00pm  
The Letters Inn

Meat Draw – tickets available in advance  
Draw takes place during the evening



## Tattenhall Village Market – Spring Special

Saturday 13th April 2024 @ 11:00am  
The Barbour Institute

Saturday Spring Special  
With a selection of Friday favourites and special guest stalls



## Tattenhall Tennis Club

Saturday 13th April 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Garden Society

Sunday 14th April 2024 @ 7:30pm  
BI



## Drop-in Coffee Morning

Tuesday 16th April 2024 @ 10:00am  
Barbour Institute



## Tattenhall Tennis Club

Tuesday 16th April 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play

Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Meditation in the Church

Tuesday 16th April 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.  
Feel free to bring along any downloaded meditations /aids on devices with headphones.  
Warm clothing is advised as the nights draw in.  
Donations for the upkeep of the church are always welcome.



## Tattenhall Singers

Tuesday 16th April 2024 @ 8:00pm  
Barbour Institute



## Wellbeing walk

Wednesday 17th April 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



## Mah Jong at Gifford Lea

Wednesday 17th April 2024 @ 7:00pm  
Lounge, Gifford Lea

Mah Jong at Gifford Lea.  
We have a Mah Jong group that plays on Wednesday evenings in the lounge at Gifford Lea. There are already two Tattenhall residents who come but we would like to welcome more. The session starts at 7 p.m. and finishes between 9 and 9.30.

It is not suitable for beginners but anyone who knows how to play and would like to improve or play with like minded people would be very welcome.

If you would like to know more please contact David Ackroyd on 01829 773632. If you would like to play it is important that you let David know by 12 noon on the relevant Wednesday and that you arrive by 7 p.m. at the latest. We look forward to seeing more of you.

WeLoveTattenhall



## Quiz @ the Letters

Wednesday 17th April 2024 @ 7:30pm  
The Letters Inn

Starting time dependant on football being shown on tv



18

## Tattenhall Tennis Club

Thursday 18th April 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm

18

## Diddi Dance and Sen Diddi Dance

Thursday 18th April 2024 @ 10:45am  
Barbour Institute

Diddi Dance 10:45 – 11:30

SEN Diddi Dance 11:45 – 12:30

18

## Cheshire West Rural u3a monthly Meeting

Thursday 18th April 2024 @ 2:00pm  
Barbour Institute

Join us at the Barbour Institute Tattenhall from 2pm with the speaker slot starting at 2.30 pm.

For more information of u3a membership contact our membership secretary Dorothy Turpy at [membershipwcru3a@gmail.com](mailto:membershipwcru3a@gmail.com)

18

## Fresh Fish on Sale in the Village

Thursday 18th April 2024 @ 3:00pm  
Outside the SportsMans Arms

Each and every [THURSDAY], 3-3:45pm at the Sportsman Arms, your AMAZING village has an AMAZING selection of fresh fish and seafood brought directly from Fleetwood quayside.

All our fish is fresh, NEVER frozen. There's no minimum spend. We prepare all fish to your requirements.

All forms of payment accepted.

New customers ALWAYS welcome.

For orders or enquiries call Mat on 07788 767677

18

## Tattenhall Book Club

Thursday 18th April 2024 @ 7:30pm  
The Vault, St Alban's Church

Tattenhall Book Club meets the 3rd Thursday of the month. All welcome to join this friendly groups where the members choose the books to be read.

WhatsApp group for members, please get details at the meeting.

19

## Village Market

Friday 19th April 2024 @ 10:00am  
The Flacca

19

## Bridge Club

Friday 19th April 2024 @ 7:00pm  
Community Room, St Alban's Church

We meet on Fridays at 7 p.m. in the Community Room at St Albans Church, Tattenhall

We are a small friendly club playing duplicate bridge and new members are welcome. We have a host system so you do not need a partner to join us.

If you are interested please contact the Secretary:

Email [Val Meeks@Yahoo.co.uk](mailto:Val.Meeks@Yahoo.co.uk) Tel: 01829 770781

19

## Letters Inn – Meat Draw

Friday 19th April 2024 @ 8:00pm  
The Letters Inn

Meat Draw – tickets available in advance

Draw takes place during the evening

20

## Tattenhall Tennis Club

Saturday 20th April 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm

22

## Queen Bee Keep Fit

Monday 22nd April 2024 @ 9:15am  
Barbour Institute

23

## Drop-in Coffee Morning

Tuesday 23rd April 2024 @ 10:00am  
Barbour Institute

23

## Tattenhall Tennis Club

Tuesday 23rd April 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm

23

## Meditation in the Church

Tuesday 23rd April 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.

Feel free to bring along any downloaded meditations /aids on devices with headphones.



Warm clothing is advised as the nights draw in.  
Donations for the upkeep of the church are always welcome.



### Tattenhall Singers

Tuesday 23rd April 2024 @ 8:00pm  
Barbour Institute



### Wellbeing walk

Wednesday 24th April 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



### Film Night @ The Barbour

Wednesday 24th April 2024 @ 7:00pm  
The Barbour Institute

Doors open at 7pm for a 7:30pm start.  
£5 cash, pay at the door.  
Bring your own drinks/snacks.



### Mah Jong at Gifford Lea

Wednesday 24th April 2024 @ 7:00pm  
Lounge, Gifford Lea

Mah Jong at Gifford Lea.  
We have a Mah Jong group that plays on Wednesday evenings in the lounge at Gifford Lea. There are already two Tattenhall residents who come but we would like to welcome more. The session starts at 7 p.m. and finishes between 9 and 9.30.

It is not suitable for beginners but anyone who knows how to play and would like to improve or play with like minded people would be very welcome.

If you would like to know more please contact David Ackroyd on 01829 773632. If you would like to play it is important that you let David know by 12 noon on the relevant Wednesday and that you arrive by 7 p.m. at the latest. We look forward to seeing more of you.

WeLoveTattenhall



### Quiz @ the Letters

Wednesday 24th April 2024 @ 7:30pm  
The Letters Inn

Starting time dependant on football being shown on tv



### Tattenhall Tennis Club

Thursday 25th April 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Diddi Dance and Sen Diddi Dance

Thursday 25th April 2024 @ 10:45am  
Barbour Institute

Diddi Dance 10:45 – 11:30

SEN Diddi Dance 11:45 – 12:30



### Fresh Fish on Sale in the Village

Thursday 25th April 2024 @ 3:00pm  
Outside the SportsMans Arms

Each and every [THURSDAY], 3-3:45pm at the Sportsman Arms, your AMAZING village has an AMAZING selection of fresh fish and seafood brought directly from Fleetwood quayside.  
All our fish is fresh, NEVER frozen. There's no minimum spend. We prepare all fish to your requirements.  
All forms of payment accepted.

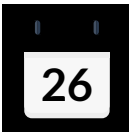
New customers ALWAYS welcome.

For orders or enquiries call Mat on 07788 767677



### Village Market

Friday 26th April 2024 @ 10:00am  
The Flacca



### Bridge Club

Friday 26th April 2024 @ 7:00pm  
Community Room, St Alban's Church

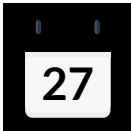
We meet on Fridays at 7 p.m. in the Community Room at St Albans Church, Tattenhall  
We are a small friendly club playing duplicate bridge and new members are welcome. We have a host system so you do not need a partner to join us.  
If you are interested please contact the Secretary:  
Email Val Meeks@Yahoo.co.uk Tel: 01829 770781



### Letters Inn – Meat Draw

Friday 26th April 2024 @ 8:00pm  
The Letters Inn

Meat Draw – tickets available in advance  
Draw takes place during the evening

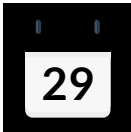


**Tattenhall Tennis Club**  
Saturday 27th April 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Repair Cafe**  
Sunday 28th April 2024 @ 10:00am  
Barbour Institute



**Queen Bee Keep Fit**  
Monday 29th April 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**  
Tuesday 30th April 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**  
Tuesday 30th April 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Meditation in the Church**  
Tuesday 30th April 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.  
Feel free to bring along any downloaded meditations /aids on devices with headphones.  
Warm clothing is advised as the nights draw in.  
Donations for the upkeep of the church are always welcome.



**Tattenhall Singers**  
Tuesday 30th April 2024 @ 8:00pm  
Barbour Institute



**Wellbeing walk**  
Wednesday 1st May 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.

All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



**Brain Yoga**  
Wednesday 1st May 2024 @ 11:30am  
Community Room, St Alban's Church

Come along 1st Wednesday of the month.  
Hosted by your local, friendly Social Prescribers, it's free to attend.  
Tea, coffee and soft drinks are available.

For more info, or to reserve your place, contact Rachel  
rachel@healthboxcic.com  
(07706311144)



**Mah Jong at Gifford Lea**  
Wednesday 1st May 2024 @ 7:00pm  
Lounge, Gifford Lea

Mah Jong at Gifford Lea.  
We have a Mah Jong group that plays on Wednesday evenings in the lounge at Gifford Lea. There are already two Tattenhall residents who come but we would like to welcome more. The session starts at 7 p.m. and finishes between 9 and 9.30.

It is not suitable for beginners but anyone who knows how to play and would like to improve or play with like minded people would be very welcome.

If you would like to know more please contact David Ackroyd on 01829 773632. If you would like to play it is important that you let David know by 12 noon on the relevant Wednesday and that you arrive by 7 p.m. at the latest. We look forward to seeing more of you.

WeLoveTattenhall



**Quiz @ the Letters**  
Wednesday 1st May 2024 @ 7:30pm  
The Letters Inn

Starting time dependant on football being shown on tv



**Tattenhall Tennis Club**  
Thursday 2nd May 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Diddi Dance and Sen Diddi Dance**  
Thursday 2nd May 2024 @ 10:45am  
Barbour Institute

Diddi Dance 10:45 – 11:30



SEN Diddi Dance 11:45 – 12:30



**Tattenhall Over Fifties**  
Thursday 2nd May 2024 @ 2:00pm  
Barbour Institute



**Fresh Fish on Sale in the Village**  
Thursday 2nd May 2024 @ 3:00pm  
Outside the SportsMans Arms

Each and every [THURSDAY], 3-3:45pm at the Sportsman Arms, your AMAZING village has an AMAZING selection of fresh fish and seafood brought directly from Fleetwood quayside.  
All our fish is fresh, NEVER frozen. There's no minimum spend. We prepare all fish to your requirements.  
All forms of payment accepted.

New customers ALWAYS welcome.

For orders or enquiries call Mat on 07788 767677



**Village Market**  
Friday 3rd May 2024 @ 10:00am  
The Flacca



**Food with Friends**  
Friday 3rd May 2024 @ 12:00pm  
St Alban's Church

Happening Friday January 5th 12-2pm ( and every first Friday of the month)  
Food with Friends  
( formerly Soup and Pudding Club)  
No charge, all welcome!  
( If you can message Ruth Morgan in advance it is useful for catering numbers)



**Bridge Club**  
Friday 3rd May 2024 @ 7:00pm  
Community Room, St Alban's Church

We meet on Fridays at 7 p.m. in the Community Room at St Albans Church, Tattenhall  
We are a small friendly club playing duplicate bridge and new members are welcome. We have a host system so you do not need a partner to join us.  
If you are interested please contact the Secretary:  
Email Val Meeks@Yahoo.co.uk Tel: 01829 770781



**Letters Inn – Meat Draw**  
Friday 3rd May 2024 @ 8:00pm  
The Letters Inn

Meat Draw – tickets available in advance  
Draw takes place during the evening



**Tattenhall Tennis Club**  
Saturday 4th May 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Family Songs of Praise**  
Sunday 5th May 2024 @ 9:45am  
St Alban's Church

Come and join us at 9:45am on the first Sunday of the month for a scrummy breakfast followed by your favourite hymns and songs chosen by you at 10:30am.



**Queen Bee Keep Fit**  
Monday 6th May 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**  
Tuesday 7th May 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**  
Tuesday 7th May 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Meditation in the Church**  
Tuesday 7th May 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall  
  
Come and join us for 30 minutes without words in the tranquil surroundings of our church.  
Feel free to bring along any downloaded meditations /aids on devices with headphones.  
Warm clothing is advised as the nights draw in.  
Donations for the upkeep of the church are always welcome.



**Tattenhall Singers**  
Tuesday 7th May 2024 @ 8:00pm  
Barbour Institute



### Wellbeing walk

Wednesday 8th May 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



### Mah Jong at Gifford Lea

Wednesday 8th May 2024 @ 7:00pm  
Lounge, Gifford Lea

Mah Jong at Gifford Lea.  
We have a Mah Jong group that plays on Wednesday evenings in the lounge at Gifford Lea. There are already two Tattenhall residents who come but we would like to welcome more. The session starts at 7 p.m. and finishes between 9 and 9.30.

It is not suitable for beginners but anyone who knows how to play and would like to improve or play with like minded people would be very welcome.

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WeLoveTattenhall



### Quiz @ the Letters

Wednesday 8th May 2024 @ 7:30pm  
The Letters Inn

Starting time dependant on football being shown on tv



### Garden Society Landscape of Canals and River Trust

Wednesday 8th May 2024 @ 7:30pm  
BI



### Tattenhall Tennis Club

Thursday 9th May 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Diddi Dance and Sen Diddi Dance

Thursday 9th May 2024 @ 10:45am  
Barbour Institute

Diddi Dance 10:45 – 11:30

SEN Diddi Dance 11:45 – 12:30



### Fresh Fish on Sale in the Village

Thursday 9th May 2024 @ 3:00pm  
Outside the SportsMans Arms

Each and every [THURSDAY], 3-3:45pm at the Sportsman Arms, your AMAZING village has an AMAZING selection of fresh fish and seafood brought directly from Fleetwood quayside.  
All our fish is fresh, NEVER frozen. There's no minimum spend. We prepare all fish to your requirements.  
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For orders or enquiries call Mat on 07788 767677



### Village Market

Friday 10th May 2024 @ 10:00am  
The Flacca



### Bridge Club

Friday 10th May 2024 @ 7:00pm  
Community Room, St Alban's Church

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Email Val Meeks@Yahoo.co.uk Tel: 01829 770781



### Letters Inn – Meat Draw

Friday 10th May 2024 @ 8:00pm  
The Letters Inn

Meat Draw – tickets available in advance  
Draw takes place during the evening



### Tattenhall Tennis Club

Saturday 11th May 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Queen Bee Keep Fit

Monday 13th May 2024 @ 9:15am  
Barbour Institute



## Drop-in Coffee Morning

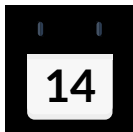
Tuesday 14th May 2024 @ 10:00am  
Barbour Institute



## Tattenhall Tennis Club

Tuesday 14th May 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

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## Meditation in the Church

Tuesday 14th May 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

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## Tattenhall Singers

Tuesday 14th May 2024 @ 8:00pm  
Barbour Institute



## Wellbeing walk

Wednesday 15th May 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
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Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



## Mah Jong at Gifford Lea

Wednesday 15th May 2024 @ 7:00pm  
Lounge, Gifford Lea

Mah Jong at Gifford Lea.  
We have a Mah Jong group that plays on Wednesday evenings in the lounge at Gifford Lea. There are already two Tattenhall residents who come but we would like to welcome more. The session starts at 7 p.m. and finishes between 9 and 9.30.

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WeLoveTattenhall



## Tattenhall Tennis Club

Thursday 16th May 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

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Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Diddi Dance and Sen Diddi Dance

Thursday 16th May 2024 @ 10:45am  
Barbour Institute

Diddi Dance 10:45 – 11:30

SEN Diddi Dance 11:45 – 12:30



## Cheshire West Rural u3a monthly Meeting

Thursday 16th May 2024 @ 2:00pm  
Barbour Institute

Join us at the Barbour Institute Tattenhall from 2pm with the speaker slot starting at 2.30 pm.

For more information of u3a membership contact our membership secretary Dorothy Turpy at membershipwcru3a@gmail.com



## Fresh Fish on Sale in the Village

Thursday 16th May 2024 @ 3:00pm  
Outside the SportsMans Arms

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New customers ALWAYS welcome.

For orders or enquiries call Mat on 07788 767677



## Tattenhall Book Club

Thursday 16th May 2024 @ 7:30pm  
The Vault, St Alban's Church

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WhatsApp group for members, please get details at the meeting.





**Village Market**  
Friday 17th May 2024 @ 10:00am  
The Flacca



**Bridge Club**  
Friday 17th May 2024 @ 7:00pm  
Community Room, St Alban's Church

We meet on Fridays at 7 p.m. in the Community Room at St Albans Church, Tattenhall

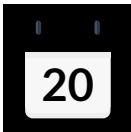
We are a small friendly club playing duplicate bridge and new members are welcome. We have a host system so you do not need a partner to join us.

If you are interested please contact the Secretary:  
Email Val Meeks@Yahoo.co.uk Tel: 01829 770781



**Tattenhall Tennis Club**  
Saturday 18th May 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Queen Bee Keep Fit**  
Monday 20th May 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**  
Tuesday 21st May 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**  
Tuesday 21st May 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Meditation in the Church**  
Tuesday 21st May 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.  
Feel free to bring along any downloaded meditations /aids on devices with headphones.  
Warm clothing is advised as the nights draw in.  
Donations for the upkeep of the church are always welcome.



**Tattenhall Singers**  
Tuesday 21st May 2024 @ 8:00pm  
Barbour Institute



**Wellbeing walk**  
Wednesday 22nd May 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



**Mah Jong at Gifford Lea**  
Wednesday 22nd May 2024 @ 7:00pm  
Lounge, Gifford Lea

Mah Jong at Gifford Lea.  
We have a Mah Jong group that plays on Wednesday evenings in the lounge at Gifford Lea. There are already two Tattenhall residents who come but we would like to welcome more. The session starts at 7 p.m. and finishes between 9 and 9.30.

It is not suitable for beginners but anyone who knows how to play and would like to improve or play with like minded people would be very welcome.

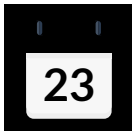
If you would like to know more please contact David Ackroyd on 01829 773632. If you would like to play it is important that you let David know by 12 noon on the relevant Wednesday and that you arrive by 7 p.m. at the latest. We look forward to seeing more of you.

WeLoveTattenhall



**Tattenhall Tennis Club**  
Thursday 23rd May 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Diddi Dance and Sen Diddi Dance**  
Thursday 23rd May 2024 @ 10:45am  
Barbour Institute

Diddi Dance 10:45 – 11:30  
SEN Diddi Dance 11:45 – 12:30



**Fresh Fish on Sale in the Village**  
Thursday 23rd May 2024 @ 3:00pm  
Outside the SportsMans Arms



# Tattenhall Business Alliance

Each and every [THURSDAY], 3-3:45pm at the Sportsman Arms, your AMAZING village has an AMAZING selection of fresh fish and seafood brought directly from Fleetwood quayside.

All our fish is fresh, NEVER frozen. There's no minimum spend. We prepare all fish to your requirements.

All forms of payment accepted.

New customers ALWAYS welcome.

For orders or enquiries call Mat on 07788 767677



## Village Market

Friday 24th May 2024 @ 10:00am  
The Flacca



## Bridge Club

Friday 24th May 2024 @ 7:00pm  
Community Room, St Alban's Church

We meet on Fridays at 7 p.m. in the Community Room at St Albans Church, Tattenhall

We are a small friendly club playing duplicate bridge and new members are welcome. We have a host system so you do not need a partner to join us.

If you are interested please contact the Secretary:  
Email Val Meeks@Yahoo.co.uk Tel: 01829 770781



## Tattenhall Tennis Club

Saturday 25th May 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play

Tuesdays from 5.30pm

Thursdays from 10am to 12

Saturdays from 2pm to 4pm



## Repair Cafe

Sunday 26th May 2024 @ 10:00am  
Barbour Institute



## Queen Bee Keep Fit

Monday 27th May 2024 @ 9:15am  
Barbour Institute



## Drop-in Coffee Morning

Tuesday 28th May 2024 @ 10:00am  
Barbour Institute



## Tattenhall Tennis Club

Tuesday 28th May 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play

Tuesdays from 5.30pm

Thursdays from 10am to 12

Saturdays from 2pm to 4pm



## Meditation in the Church

Tuesday 28th May 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.

Feel free to bring along any downloaded meditations /aids on devices with headphones.

Warm clothing is advised as the nights draw in.

Donations for the upkeep of the church are always welcome.



## Wellbeing walk

Wednesday 29th May 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.

All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.

Contact Charlotte on 07706 322217 For more info



## Film Night @ The Barbour

Wednesday 29th May 2024 @ 7:00pm  
The Barbour Institute

Doors open at 7pm for a 7:30pm start.

£5 cash, pay at the door.

Bring your own drinks/snacks.



## Mah Jong at Gifford Lea

Wednesday 29th May 2024 @ 7:00pm  
Lounge, Gifford Lea

Mah Jong at Gifford Lea.

We have a Mah Jong group that plays on Wednesday evenings in the lounge at Gifford Lea. There are already two Tattenhall residents who come but we would like to welcome more. The session starts at 7 p.m. and finishes between 9 and 9.30.

It is not suitable for beginners but anyone who knows how to play and would like to improve or play with like minded people would be very welcome.

If you would like to know more please contact David Ackroyd on 01829 773632. If you would like to play it is important that you let David know by 12 noon on the relevant Wednesday and that you arrive by 7 p.m. at the latest. We look forward to seeing more of you.

WeLoveTattenhall



### Tattenhall Tennis Club

Thursday 30th May 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Diddi Dance and Sen Diddi Dance

Thursday 30th May 2024 @ 10:45am  
Barbour Institute

Diddi Dance 10:45 – 11:30

SEN Diddi Dance 11:45 – 12:30



### Fresh Fish on Sale in the Village

Thursday 30th May 2024 @ 3:00pm  
Outside the SportsMans Arms

Each and every [THURSDAY], 3-3:45pm at the Sportsman Arms, your AMAZING village has an AMAZING selection of fresh fish and seafood brought directly from Fleetwood quayside.

All our fish is fresh, NEVER frozen. There's no minimum spend. We prepare all fish to your requirements.

All forms of payment accepted.

New customers ALWAYS welcome.

For orders or enquiries call Mat on 07788 767677



### Village Market

Friday 31st May 2024 @ 10:00am  
The Flacca



### Bridge Club

Friday 31st May 2024 @ 7:00pm  
Community Room, St Alban's Church

We meet on Fridays at 7 p.m. in the Community Room at St Albans Church, Tattenhall

We are a small friendly club playing duplicate bridge and new members are welcome. We have a host system so you do not need a partner to join us.

If you are interested please contact the Secretary:

Email Val Meeks@Yahoo.co.uk Tel: 01829 770781



### Tattenhall Tennis Club

Saturday 1st June 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Family Songs of Praise

Sunday 2nd June 2024 @ 9:45am  
St Alban's Church

Come and join us at 9:45am on the first Sunday of the month for a scrummy breakfast followed by your favourite hymns and songs chosen by you at 10:30am.



### Queen Bee Keep Fit

Monday 3rd June 2024 @ 9:15am  
Barbour Institute



### Drop-in Coffee Morning

Tuesday 4th June 2024 @ 10:00am  
Barbour Institute



### Tattenhall Tennis Club

Tuesday 4th June 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Meditation in the Church

Tuesday 4th June 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.

Feel free to bring along any downloaded meditations /aids on devices with headphones.

Warm clothing is advised as the nights draw in.

Donations for the upkeep of the church are always welcome.



### Wellbeing walk

Wednesday 5th June 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.

All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.

Contact Charlotte on 07706 322217 For more info



### Brain Yoga

Wednesday 5th June 2024 @ 11:30am  
Community Room, St Alban's Church

Come along 1st Wednesday of the month.

Hosted by your local, friendly Social Prescribers, it's free to attend.



Tea, coffee and soft drinks are available.

For more info, or to reserve your place, contact Rachel  
rachel@healthboxcic.com  
(07706311144)



### Mah Jong at Gifford Lea

Wednesday 5th June 2024 @ 7:00pm  
Lounge, Gifford Lea

Mah Jong at Gifford Lea.  
We have a Mah Jong group that plays on Wednesday evenings in the lounge at Gifford Lea. There are already two Tattenhall residents who come but we would like to welcome more. The session starts at 7 p.m. and finishes between 9 and 9.30.

It is not suitable for beginners but anyone who knows how to play and would like to improve or play with like minded people would be very welcome.

If you would like to know more please contact David Ackroyd on 01829 773632. If you would like to play it is important that you let David know by 12 noon on the relevant Wednesday and that you arrive by 7 p.m. at the latest. We look forward to seeing more of you.

WeLoveTattenhall



### Tattenhall Tennis Club

Thursday 6th June 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Tattenhall Over Fifties

Thursday 6th June 2024 @ 2:00pm  
Barbour Institute



### Fresh Fish on Sale in the Village

Thursday 6th June 2024 @ 3:00pm  
Outside the SportsMans Arms

Each and every [THURSDAY], 3-3:45pm at the Sportsman Arms, your AMAZING village has an AMAZING selection of fresh fish and seafood brought directly from Fleetwood quayside.

All our fish is fresh, NEVER frozen. There's no minimum spend. We prepare all fish to your requirements.

All forms of payment accepted.

New customers ALWAYS welcome.

For orders or enquiries call Mat on 07788 767677



### Village Market

Friday 7th June 2024 @ 10:00am  
The Flacca



### Food with Friends

Friday 7th June 2024 @ 12:00pm  
St Alban's Church

Happening Friday January 5th 12-2pm ( and every first Friday of the month)  
Food with Friends  
( formerly Soup and Pudding Club)  
No charge, all welcome!  
( If you can message Ruth Morgan in advance it is useful for catering numbers)



### Bridge Club

Friday 7th June 2024 @ 7:00pm  
Community Room, St Alban's Church

We meet on Fridays at 7 p.m. in the Community Room at St Albans Church, Tattenhall

We are a small friendly club playing duplicate bridge and new members are welcome. We have a host system so you do not need a partner to join us.

If you are interested please contact the Secretary:  
Email Val Meeks@Yahoo.co.uk Tel: 01829 770781



### Tattenhall Tennis Club

Saturday 8th June 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Queen Bee Keep Fit

Monday 10th June 2024 @ 9:15am  
Barbour Institute



### Drop-in Coffee Morning

Tuesday 11th June 2024 @ 10:00am  
Barbour Institute



### Tattenhall Tennis Club

Tuesday 11th June 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Meditation in the Church

Tuesday 11th June 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall



Come and join us for 30 minutes without words in the tranquil surroundings of our church.

Feel free to bring along any downloaded meditations /aids on devices with headphones.

Warm clothing is advised as the nights draw in.

Donations for the upkeep of the church are always welcome.



**Wellbeing walk**  
Wednesday 12th June 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.

All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.

Contact Charlotte on 07706 322217 For more info



**Mah Jong at Gifford Lea**  
Wednesday 12th June 2024 @ 7:00pm  
Lounge, Gifford Lea

Mah Jong at Gifford Lea.

We have a Mah Jong group that plays on Wednesday evenings in the lounge at Gifford Lea. There are already two Tattenhall residents who come but we would like to welcome more. The session starts at 7 p.m. and finishes between 9 and 9.30.

It is not suitable for beginners but anyone who knows how to play and would like to improve or play with like minded people would be very welcome.

If you would like to know more please contact David Ackroyd on 01829 773632. If you would like to play it is important that you let David know by 12 noon on the relevant Wednesday and that you arrive by 7 p.m. at the latest. We look forward to seeing more of you.

WeLoveTattenhall



**Tattenhall Tennis Club**  
Thursday 13th June 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Village Market**  
Friday 14th June 2024 @ 10:00am  
The Flacca



**Bridge Club**  
Friday 14th June 2024 @ 7:00pm  
Community Room, St Alban's Church

We meet on Fridays at 7 p.m. in the Community Room at St Albans Church, Tattenhall

We are a small friendly club playing duplicate bridge and new members are welcome. We have a host system so you do not need a partner to join us.

If you are interested please contact the Secretary:  
Email Val Meeks@Yahoo.co.uk Tel: 01829 770781



**Tattenhall Tennis Club**  
Saturday 15th June 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Queen Bee Keep Fit**  
Monday 17th June 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**  
Tuesday 18th June 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**  
Tuesday 18th June 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Meditation in the Church**  
Tuesday 18th June 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.

Feel free to bring along any downloaded meditations /aids on devices with headphones.

Warm clothing is advised as the nights draw in.

Donations for the upkeep of the church are always welcome.



**Wellbeing walk**  
Wednesday 19th June 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.

All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.

Contact Charlotte on 07706 322217 For more info



## Mah Jong at Gifford Lea

Wednesday 19th June 2024 @ 7:00pm  
Lounge, Gifford Lea

Mah Jong at Gifford Lea.  
We have a Mah Jong group that plays on Wednesday evenings in the lounge at Gifford Lea. There are already two Tattenhall residents who come but we would like to welcome more. The session starts at 7 p.m. and finishes between 9 and 9.30.

It is not suitable for beginners but anyone who knows how to play and would like to improve or play with like minded people would be very welcome.

If you would like to know more please contact David Ackroyd on 01829 773632. If you would like to play it is important that you let David know by 12 noon on the relevant Wednesday and that you arrive by 7 p.m. at the latest. We look forward to seeing more of you.

WeLoveTattenhall



## Tattenhall Tennis Club

Thursday 20th June 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm

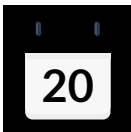


## Cheshire West Rural u3a monthly Meeting

Thursday 20th June 2024 @ 2:00pm  
Barbour Institute

Join us at the Barbour Institute Tattenhall from 2pm with the speaker slot starting at 2.30 pm.

For more information of u3a membership contact our membership secretary Dorothy Turpy at [membershipwcru3a@gmail.com](mailto:membershipwcru3a@gmail.com)



## Tattenhall Book Club

Thursday 20th June 2024 @ 7:30pm  
The Vault, St Alban's Church

Tattenhall Book Club meets the 3rd Thursday of the month. All welcome to join this friendly groups where the members choose the books to be read.

WhatsApp group for members, please get details at the meeting.



## Bridge Club

Friday 21st June 2024 @ 7:00pm  
Community Room, St Alban's Church

We meet on Fridays at 7 p.m. in the Community Room at St Albans Church, Tattenhall  
We are a small friendly club playing duplicate bridge and new members are welcome. We have a host system so you do not need a partner to join us.  
If you are interested please contact the Secretary:  
Email [Val Meeks@Yahoo.co.uk](mailto:Val.Meeks@Yahoo.co.uk) Tel: 01829 770781



## Tattenhall Tennis Club

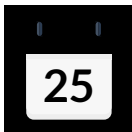
Saturday 22nd June 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Queen Bee Keep Fit

Monday 24th June 2024 @ 9:15am  
Barbour Institute



## Drop-in Coffee Morning

Tuesday 25th June 2024 @ 10:00am  
Barbour Institute



## Tattenhall Tennis Club

Tuesday 25th June 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Meditation in the Church

Tuesday 25th June 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.  
Feel free to bring along any downloaded meditations /aids on devices with headphones.  
Warm clothing is advised as the nights draw in.  
Donations for the upkeep of the church are always welcome.



## Wellbeing walk

Wednesday 26th June 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



## Film Night @ The Barbour

Wednesday 26th June 2024 @ 7:00pm  
The Barbour Institute



Doors open at 7pm for a 7:30pm start.  
£5 cash, pay at the door.  
Bring your own drinks/snacks.



**Tattenhall Tennis Club**  
Thursday 27th June 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Bridge Club**  
Friday 28th June 2024 @ 7:00pm  
Community Room, St Alban's Church

We meet on Fridays at 7 p.m. in the Community Room at St Albans Church, Tattenhall  
We are a small friendly club playing duplicate bridge and new members are welcome. We have a host system so you do not need a partner to join us.  
If you are interested please contact the Secretary:  
Email Val Meeks@Yahoo.co.uk Tel: 01829 770781



**Tattenhall Tennis Club**  
Saturday 29th June 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Repair Cafe**  
Sunday 30th June 2024 @ 10:00am  
Barbour Institute



**Queen Bee Keep Fit**  
Monday 1st July 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**  
Tuesday 2nd July 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**  
Tuesday 2nd July 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12

Saturdays from 2pm to 4pm



**Meditation in the Church**  
Tuesday 2nd July 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.  
Feel free to bring along any downloaded meditations /aids on devices with headphones.  
Warm clothing is advised as the nights draw in.  
Donations for the upkeep of the church are always welcome.



**Wellbeing walk**  
Wednesday 3rd July 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



**Brain Yoga**  
Wednesday 3rd July 2024 @ 11:30am  
Community Room, St Alban's Church

Come along 1st Wednesday of the month.  
Hosted by your local. friendly Social Prescribers, it's free to attend.  
Tea, coffee and soft drinks are available.

For more info, or to reserve your place, contact Rachel  
rachel@healthboxcic.com  
(07706311144)



**Tattenhall Tennis Club**  
Thursday 4th July 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Tattenhall Over Fifties**  
Thursday 4th July 2024 @ 2:00pm  
Barbour Institute



**Food with Friends**  
Friday 5th July 2024 @ 12:00pm  
St Alban's Church

Happening Friday January 5th 12-2pm ( and every first Friday of the month)



Food with Friends  
(formerly Soup and Pudding Club)  
No charge, all welcome!  
(If you can message Ruth Morgan in advance it is useful for catering numbers)



**Tattenhall Tennis Club**  
Saturday 6th July 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Family Songs of Praise**  
Sunday 7th July 2024 @ 9:45am  
St Alban's Church

Come and join us at 9:45am on the first Sunday of the month for a scrummy breakfast followed by your favourite hymns and songs chosen by you at 10:30am.



**Queen Bee Keep Fit**  
Monday 8th July 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**  
Tuesday 9th July 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**  
Tuesday 9th July 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Meditation in the Church**  
Tuesday 9th July 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.  
Feel free to bring along any downloaded meditations /aids on devices with headphones.  
Warm clothing is advised as the nights draw in.  
Donations for the upkeep of the church are always welcome.



**Wellbeing walk**  
Wednesday 10th July 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



**Tattenhall Tennis Club**  
Thursday 11th July 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Tattenhall Tennis Club**  
Saturday 13th July 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Queen Bee Keep Fit**  
Monday 15th July 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**  
Tuesday 16th July 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**  
Tuesday 16th July 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Meditation in the Church**  
Tuesday 16th July 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our





church.  
Feel free to bring along any downloaded meditations /aids on devices with headphones.  
Warm clothing is advised as the nights draw in.  
Donations for the upkeep of the church are always welcome.

17

**Wellbeing walk**  
Wednesday 17th July 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info

18

**Tattenhall Tennis Club**  
Thursday 18th July 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm

18

**Cheshire West Rural u3a monthly Meeting**  
Thursday 18th July 2024 @ 2:00pm  
Barbour Institute

Join us at the Barbour Institute Tattenhall from 2pm with the speaker slot starting at 2.30 pm.

For more information of u3a membership contact our membership secretary Dorothy Turpy at [membershipwcru3a@gmail.com](mailto:membershipwcru3a@gmail.com)

18

**Tattenhall Book Club**  
Thursday 18th July 2024 @ 7:30pm  
The Vault, St Alban's Church

Tattenhall Book Club meets the 3rd Thursday of the month. All welcome to join this friendly groups where the members choose the books to be read.

WhatsApp group for members, please get details at the meeting.

20

**Tattenhall Tennis Club**  
Saturday 20th July 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm

22

**Queen Bee Keep Fit**  
Monday 22nd July 2024 @ 9:15am  
Barbour Institute

23

**Drop-in Coffee Morning**  
Tuesday 23rd July 2024 @ 10:00am  
Barbour Institute

23

**Tattenhall Tennis Club**  
Tuesday 23rd July 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm

23

**Meditation in the Church**  
Tuesday 23rd July 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.  
Feel free to bring along any downloaded meditations /aids on devices with headphones.  
Warm clothing is advised as the nights draw in.  
Donations for the upkeep of the church are always welcome.

24

**Wellbeing walk**  
Wednesday 24th July 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info

25

**Tattenhall Tennis Club**  
Thursday 25th July 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm

27

**Tattenhall Tennis Club**  
Saturday 27th July 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure



every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Repair Cafe**  
Sunday 28th July 2024 @ 10:00am  
Barbour Institute



**Queen Bee Keep Fit**  
Monday 29th July 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**  
Tuesday 30th July 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**  
Tuesday 30th July 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Meditation in the Church**  
Tuesday 30th July 2024 @ 6:15pm  
St Alban's Church

Transition Tattenhall

Come and join us for 30 minutes without words in the tranquil surroundings of our church.  
Feel free to bring along any downloaded meditations /aids on devices with headphones.  
Warm clothing is advised as the nights draw in.  
Donations for the upkeep of the church are always welcome.



**Wellbeing walk**  
Wednesday 31st July 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



**Film Night @ The Barbour**  
Wednesday 31st July 2024 @ 7:00pm  
The Barbour Institute

Doors open at 7pm for a 7:30pm start.  
£5 cash, pay at the door.  
Bring your own drinks/snacks.



**Tattenhall Tennis Club**  
Thursday 1st August 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Tattenhall Over Fifties**  
Thursday 1st August 2024 @ 2:00pm  
Barbour Institute



**Food with Friends**  
Friday 2nd August 2024 @ 12:00pm  
St Alban's Church

Happening Friday January 5th 12-2pm ( and every first Friday of the month)  
Food with Friends  
( formerly Soup and Pudding Club)  
No charge, all welcome!  
( If you can message Ruth Morgan in advance it is useful for catering numbers)



**Tattenhall Tennis Club**  
Saturday 3rd August 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Family Songs of Praise**  
Sunday 4th August 2024 @ 9:45am  
St Alban's Church

Come and join us at 9:45am on the first Sunday of the month for a scrummy breakfast followed by your favourite hymns and songs chosen by you at 10:30am.



**Queen Bee Keep Fit**  
Monday 5th August 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**

Tuesday 6th August 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**

Tuesday 6th August 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Wellbeing walk**

Wednesday 7th August 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



**Brain Yoga**

Wednesday 7th August 2024 @ 11:30am  
Community Room, St Alban's Church

Come along 1st Wednesday of the month.  
Hosted by your local, friendly Social Prescribers, it's free to attend.  
Tea, coffee and soft drinks are available.

For more info, or to reserve your place, contact Rachel  
rachel@healthboxcic.com  
(07706311144)



**Tattenhall Tennis Club**

Thursday 8th August 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Tattenhall Tennis Club**

Saturday 10th August 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Queen Bee Keep Fit**

Monday 12th August 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**

Tuesday 13th August 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**

Tuesday 13th August 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Wellbeing walk**

Wednesday 14th August 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
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**Tattenhall Tennis Club**

Thursday 15th August 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Cheshire West Rural u3a monthly Meeting**

Thursday 15th August 2024 @ 2:00pm  
Barbour Institute

Join us at the Barbour Institute Tattenhall from 2pm with the speaker slot starting at 2.30 pm.

For more information of u3a membership contact our membership secretary Dorothy Turpy at membershipwcr3a@gmail.com



**Tattenhall Book Club**

Thursday 15th August 2024 @ 7:30pm  
The Vault, St Alban's Church

Tattenhall Book Club meets the 3rd Thursday of the month. All welcome to join this friendly groups where the members choose the books to be read.



# Tattenhall Business Alliance

WhatsApp group for members, please get details at the meeting.



## Tattenhall Tennis Club

Saturday 17th August 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Queen Bee Keep Fit

Monday 19th August 2024 @ 9:15am  
Barbour Institute



## Drop-in Coffee Morning

Tuesday 20th August 2024 @ 10:00am  
Barbour Institute



## Tattenhall Tennis Club

Tuesday 20th August 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm

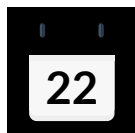


## Wellbeing walk

Wednesday 21st August 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



## Tattenhall Tennis Club

Thursday 22nd August 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Tennis Club

Saturday 24th August 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



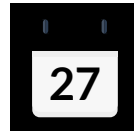
## Repair Cafe

Sunday 25th August 2024 @ 10:00am  
Barbour Institute



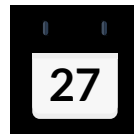
## Queen Bee Keep Fit

Monday 26th August 2024 @ 9:15am  
Barbour Institute



## Drop-in Coffee Morning

Tuesday 27th August 2024 @ 10:00am  
Barbour Institute



## Tattenhall Tennis Club

Tuesday 27th August 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Wellbeing walk

Wednesday 28th August 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

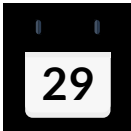
Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



## Film Night @ The Barbour

Wednesday 28th August 2024 @ 7:00pm  
The Barbour Institute

Doors open at 7pm for a 7:30pm start.  
£5 cash, pay at the door.  
Bring your own drinks/snacks.



## Tattenhall Tennis Club

Thursday 29th August 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Tennis Club

Saturday 31st August 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Family Songs of Praise

Sunday 1st September 2024 @ 9:45am  
St Alban's Church

Come and join us at 9:45am on the first Sunday of the month for a scrummy breakfast followed by your favourite hymns and songs chosen by you at 10:30am.



## Queen Bee Keep Fit

Monday 2nd September 2024 @ 9:15am  
Barbour Institute



## Drop-in Coffee Morning

Tuesday 3rd September 2024 @ 10:00am  
Barbour Institute



## Tattenhall Tennis Club

Tuesday 3rd September 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Wellbeing walk

Wednesday 4th September 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



## Brain Yoga

Wednesday 4th September 2024 @ 11:30am  
Community Room, St Alban's Church

Come along 1st Wednesday of the month.  
Hosted by your local. friendly Social Prescribers, it's free to attend.  
Tea, coffee and soft drinks are available.

For more info, or to reserve your place, contact Rachel  
rachel@healthboxcic.com  
(07706311144)



## Tattenhall Tennis Club

Thursday 5th September 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Over Fifties

Thursday 5th September 2024 @ 2:00pm  
Barbour Institute



## Food with Friends

Friday 6th September 2024 @ 12:00pm  
St Alban's Church

Happening Friday January 5th 12-2pm ( and every first Friday of the month)  
Food with Friends  
( formerly Soup and Pudding Club)  
No charge, all welcome!  
( If you can message Ruth Morgan in advance it is useful for catering numbers)



## Tattenhall Tennis Club

Saturday 7th September 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Village Show

Sunday 8th September 2024 @ 9:00am  
BI



## Queen Bee Keep Fit

Monday 9th September 2024 @ 9:15am  
Barbour Institute



### Drop-in Coffee Morning

Tuesday 10th September 2024 @ 10:00am  
Barbour Institute



### Tattenhall Tennis Club

Tuesday 10th September 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Wellbeing walk

Wednesday 11th September 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



### Tattenhall Tennis Club

Thursday 12th September 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Tattenhall Tennis Club

Saturday 14th September 2024 @ 2:00pm  
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Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Queen Bee Keep Fit

Monday 16th September 2024 @ 9:15am  
Barbour Institute



### Drop-in Coffee Morning

Tuesday 17th September 2024 @ 10:00am  
Barbour Institute



### Tattenhall Tennis Club

Tuesday 17th September 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

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Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



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### Tattenhall Tennis Club

Thursday 19th September 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

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Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Cheshire West Rural u3a monthly Meeting

Thursday 19th September 2024 @ 2:00pm  
Barbour Institute

Join us at the Barbour Institute Tattenhall from 2pm with the speaker slot starting at 2.30 pm.

For more information of u3a membership contact our membership secretary Dorothy Turpy at membershipwcru3a@gmail.com

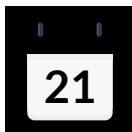


### Tattenhall Book Club

Thursday 19th September 2024 @ 7:30pm  
The Vault, St Alban's Church

Tattenhall Book Club meets the 3rd Thursday of the month. All welcome to join this friendly groups where the members choose the books to be read.

WhatsApp group for members, please get details at the meeting.



### Tattenhall Tennis Club

Saturday 21st September 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

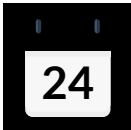
every week Tennis Club social play  
Tuesdays from 5.30pm  
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Saturdays from 2pm to 4pm



**Queen Bee Keep Fit**  
Monday 23rd September 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**  
Tuesday 24th September 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**  
Tuesday 24th September 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

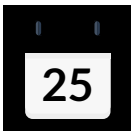
every week Tennis Club social play  
Tuesdays from 5.30pm  
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**Wellbeing walk**  
Wednesday 25th September 2024 @ 10:20am  
Tattenhall Playground

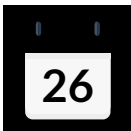
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Well behaved dogs on leads welcome.  
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**Film Night @ The Barbour**  
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Bring your own drinks/snacks.



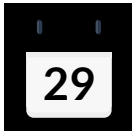
**Tattenhall Tennis Club**  
Thursday 26th September 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

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Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Tattenhall Tennis Club**  
Saturday 28th September 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

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Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Repair Cafe**  
Sunday 29th September 2024 @ 10:00am  
Barbour Institute



**Queen Bee Keep Fit**  
Monday 30th September 2024 @ 9:15am  
Barbour Institute



**Drop-in Coffee Morning**  
Tuesday 1st October 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**  
Tuesday 1st October 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

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Thursdays from 10am to 12  
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**Brain Yoga**  
Wednesday 2nd October 2024 @ 11:30am  
Community Room, St Alban's Church

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Tea, coffee and soft drinks are available.

For more info, or to reserve your place, contact Rachel  
rachel@healthboxcic.com  
(07706311144)



**Tattenhall Tennis Club**  
Thursday 3rd October 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

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Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Over Fifties

Thursday 3rd October 2024 @ 2:00pm  
Barbour Institute



## Food with Friends

Friday 4th October 2024 @ 12:00pm  
St Alban's Church

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## Tattenhall Tennis Club

Saturday 5th October 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Family Songs of Praise

Sunday 6th October 2024 @ 9:45am  
St Alban's Church

Come and join us at 9:45am on the first Sunday of the month for a scrummy breakfast followed by your favourite hymns and songs chosen by you at 10:30am.



## Queen Bee Keep Fit

Monday 7th October 2024 @ 9:15am  
Barbour Institute



## Drop-in Coffee Morning

Tuesday 8th October 2024 @ 10:00am  
Barbour Institute



## Tattenhall Tennis Club

Tuesday 8th October 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Wellbeing walk

Wednesday 9th October 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to

the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



## Garden society

Wednesday 9th October 2024 @ 11:30pm



## Tattenhall Tennis Club

Thursday 10th October 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Tennis Club

Saturday 12th October 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Drop-in Coffee Morning

Tuesday 15th October 2024 @ 10:00am  
Barbour Institute



## Tattenhall Tennis Club

Tuesday 15th October 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Wellbeing walk

Wednesday 16th October 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info





## Tattenhall Tennis Club

Thursday 17th October 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Cheshire West Rural u3a monthly Meeting

Thursday 17th October 2024 @ 2:00pm  
Barbour Institute

Join us at the Barbour Institute Tattenhall from 2pm with the speaker slot starting at 2.30 pm.

For more information of u3a membership contact our membership secretary Dorothy Turpy at [membershipwcru3a@gmail.com](mailto:membershipwcru3a@gmail.com)



## Tattenhall Book Club

Thursday 17th October 2024 @ 7:30pm  
The Vault, St Alban's Church

Tattenhall Book Club meets the 3rd Thursday of the month. All welcome to join this friendly groups where the members choose the books to be read.

WhatsApp group for members, please get details at the meeting.



## Tattenhall Tennis Club

Saturday 19th October 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Drop-in Coffee Morning

Tuesday 22nd October 2024 @ 10:00am  
Barbour Institute



## Tattenhall Tennis Club

Tuesday 22nd October 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Wellbeing walk

Wednesday 23rd October 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to

the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



## Tattenhall Tennis Club

Thursday 24th October 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

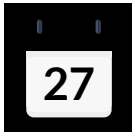
every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Tennis Club

Saturday 26th October 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Repair Cafe

Sunday 27th October 2024 @ 10:00am  
Barbour Institute



## Drop-in Coffee Morning

Tuesday 29th October 2024 @ 10:00am  
Barbour Institute



## Tattenhall Tennis Club

Tuesday 29th October 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Wellbeing walk

Wednesday 30th October 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



### Film Night @ The Barbour

Wednesday 30th October 2024 @ 7:00pm  
The Barbour Institute

Doors open at 7pm for a 7:30pm start.  
£5 cash, pay at the door.  
Bring your own drinks/snacks.



### Tattenhall Tennis Club

Thursday 31st October 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Food with Friends

Friday 1st November 2024 @ 12:00pm  
St Alban's Church

Happening Friday January 5th 12-2pm ( and every first Friday of the month)  
Food with Friends  
( formerly Soup and Pudding Club)  
No charge, all welcome!  
( If you can message Ruth Morgan in advance it is useful for catering numbers)



### Tattenhall Tennis Club

Saturday 2nd November 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Family Songs of Praise

Sunday 3rd November 2024 @ 9:45am  
St Alban's Church

Come and join us at 9:45am on the first Sunday of the month for a scrummy breakfast followed by your favourite hymns and songs chosen by you at 10:30am.



### Drop-in Coffee Morning

Tuesday 5th November 2024 @ 10:00am  
Barbour Institute



### Tattenhall Tennis Club

Tuesday 5th November 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Wellbeing walk

Wednesday 6th November 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



### Brain Yoga

Wednesday 6th November 2024 @ 11:30am  
Community Room, St Alban's Church

Come along 1st Wednesday of the month.  
Hosted by your local, friendly Social Prescribers, it's free to attend.  
Tea, coffee and soft drinks are available.

For more info, or to reserve your place, contact Rachel  
rachel@healthboxcic.com  
(07706311144)



### Tattenhall Tennis Club

Thursday 7th November 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Tattenhall Over Fifties

Thursday 7th November 2024 @ 2:00pm  
Barbour Institute



### Tattenhall Tennis Club

Saturday 9th November 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Drop-in Coffee Morning

Tuesday 12th November 2024 @ 10:00am  
Barbour Institute



### Tattenhall Tennis Club

Tuesday 12th November 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure



every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Wellbeing walk**  
Wednesday 13th November 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



**Garden society**  
Wednesday 13th November 2024 @ 7:30pm  
BI



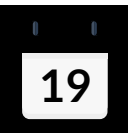
**Tattenhall Tennis Club**  
Thursday 14th November 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Tattenhall Tennis Club**  
Saturday 16th November 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Drop-in Coffee Morning**  
Tuesday 19th November 2024 @ 10:00am  
Barbour Institute



**Tattenhall Tennis Club**  
Tuesday 19th November 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Wellbeing walk**  
Wednesday 20th November 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



**Tattenhall Tennis Club**  
Thursday 21st November 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Cheshire West Rural u3a monthly Meeting**  
Thursday 21st November 2024 @ 2:00pm  
Barbour Institute

Join us at the Barbour Institute Tattenhall from 2pm with the speaker slot starting at 2.30 pm.

For more information of u3a membership contact our membership secretary Dorothy Turpy at membershipwcru3a@gmail.com



**Tattenhall Book Club**  
Thursday 21st November 2024 @ 7:30pm  
The Vault, St Alban's Church

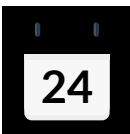
Tattenhall Book Club meets the 3rd Thursday of the month. All welcome to join this friendly groups where the members choose the books to be read.

WhatsApp group for members, please get details at the meeting.



**Tattenhall Tennis Club**  
Saturday 23rd November 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



**Repair Cafe**  
Sunday 24th November 2024 @ 10:00am  
Barbour Institute



### Tattenhall Tennis Club

Tuesday 26th November 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Wellbeing walk

Wednesday 27th November 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



### Film Night @ The Barbour

Wednesday 27th November 2024 @ 7:00pm  
The Barbour Institute

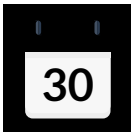
Doors open at 7pm for a 7:30pm start.  
£5 cash, pay at the door.  
Bring your own drinks/snacks.



### Tattenhall Tennis Club

Thursday 28th November 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Tattenhall Tennis Club

Saturday 30th November 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Family Songs of Praise

Sunday 1st December 2024 @ 9:45am  
St Alban's Church

Come and join us at 9:45am on the first Sunday of the month for a scrummy breakfast followed by your favourite hymns and songs chosen by you at 10:30am.



### Tattenhall Tennis Club

Tuesday 3rd December 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Wellbeing walk

Wednesday 4th December 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



### Brain Yoga

Wednesday 4th December 2024 @ 11:30am  
Community Room, St Alban's Church

Come along 1st Wednesday of the month.  
Hosted by your local, friendly Social Prescribers, it's free to attend.  
Tea, coffee and soft drinks are available.

For more info, or to reserve your place, contact Rachel  
rachel@healthboxcic.com  
(07706311144)



### Tattenhall Tennis Club

Thursday 5th December 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



### Tattenhall Over Fifties

Thursday 5th December 2024 @ 2:00pm  
Barbour Institute



### Food with Friends

Friday 6th December 2024 @ 12:00pm  
St Alban's Church

Happening Friday January 5th 12-2pm ( and every first Friday of the month)  
Food with Friends  
( formerly Soup and Pudding Club)  
No charge, all welcome!  
( If you can message Ruth Morgan in advance it is useful for catering numbers)



## Tattenhall Tennis Club

Saturday 7th December 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Tennis Club

Tuesday 10th December 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Wellbeing walk

Wednesday 11th December 2024 @ 10:20am  
Tattenhall Playground

The Well-being walk is on every Wednesday. We meet at Tattenhall playground next to the Primary School. A gentle stroll followed by coffee and chat.  
All welcome even if you can only manage a loop around the park. Get some fresh air and exercise.

Well behaved dogs on leads welcome.  
Contact Charlotte on 07706 322217 For more info



## Tattenhall Tennis Club

Thursday 12th December 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Tennis Club

Saturday 14th December 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Tennis Club

Tuesday 17th December 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Tennis Club

Thursday 19th December 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm

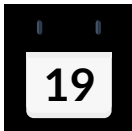


## Cheshire West Rural u3a monthly Meeting

Thursday 19th December 2024 @ 2:00pm  
Barbour Institute

Join us at the Barbour Institute Tattenhall from 2pm with the speaker slot starting at 2.30 pm.

For more information of u3a membership contact our membership secretary Dorothy Turpy at [membershipwcru3a@gmail.com](mailto:membershipwcru3a@gmail.com)



## Tattenhall Book Club

Thursday 19th December 2024 @ 7:30pm  
The Vault, St Alban's Church

Tattenhall Book Club meets the 3rd Thursday of the month. All welcome to join this friendly groups where the members choose the books to be read.

WhatsApp group for members, please get details at the meeting.



## Tattenhall Tennis Club

Saturday 21st December 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Tennis Club

Tuesday 24th December 2024 @ 5:30pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Tennis Club

Thursday 26th December 2024 @ 10:00am  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm



## Tattenhall Tennis Club

Saturday 28th December 2024 @ 2:00pm  
Tennis Courts, Tattenhall Sport & Leisure

every week Tennis Club social play  
Tuesdays from 5.30pm  
Thursdays from 10am to 12  
Saturdays from 2pm to 4pm