

Learn how to use a defibrillator

A defibrillator is a device that gives a high energy shock to the heart through the chest wall to someone who is in cardiac arrest. This high energy shock is called defibrillation, and is an essential life saving step in the chain of survival.

Tattenhall Community First Responders have provided or helped provide defibrillators in Tattenhall at the following locations:

- Spar shop on the High Street
- Tattenhall Recreation Club at the Flacca
- St. Alban's Church
- Barbour Institute
- The Studio, Worley Court, Bolesworth Road.

We have also placed one at The Pheasant Inn, Burwardsley.

These defibrillators can be used by anyone in an emergency and you should not be afraid of using one if someone has had a cardiac arrest.

In England, fewer than one in ten people who suffer a cardiac arrest outside of a hospital will survive. This is significantly lower than for populations in other developed countries. One of the main reasons is that people fail to recognise cardiac arrest and either do not know what to do or are afraid to intervene.

Tattenhall Community First Responders are running a two-and-a-half hour training course on Saturday 3 December 2016 at The Studio, Worley Court, Bolesworth Road, Tattenhall, starting at 2pm. You will learn how to recognise a cardiac arrest, learn how to do CPR and use one of our training defibrillators.

To book a place please phone Jill Raine on 01829 771895 or Rob Selby on 01829 770586.

The training is provided free, but we are happy to receive donations towards our running costs.